

Nutrition Plan with Carbohydrates and Allergens

ab529t

Nutrition Plan: Apr 21

Ravioli Recipes

Legend

- Contains
- ◐ May Contain
- Does Not Contain
- * No Information

Group	Menu Item	Recipe Code	Sub Recipe Codes	Portion Size (g)	Carbohydrate Count	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur Dioxide and Sulphites	
Main	Vegetable Ravioli in a Homemade Chee	P6/12C(P)	P6/12C(P)	108.38	5.03g	○	●	○	○	○	○	○	○	●	○	○	○	○	○	○
Main	Vegetable Ravioli in a Homemade Tomε	P6/12(P)	P6/12(P)	134.60	8.16g	●	●	○	○	○	○	○	○	○	○	○	○	○	○	○