

Rainow Primary School



Sports Funding Impact Report

2022/23

## What is the PE and Sports Premium Funding?

All young people should have the opportunity to live healthy and active lives. The PE and Sports Premium consists of £320m of government funding to allow schools to make additional and sustainable improvement to the quality of PE, physical activity and sport offered through their core budgets.

The funding is being jointly provided by the Departments of Education, Health and Culture, Media and Sport and will see money going directly to primary school head teachers to spend on improving the quality of sport and PE for all children. Schools have been instructed to only spend the sport funding on improving provision of PE and sport but they will have the freedom to choose how they do this. To know more about the Sports Premium Funding, visit the government website at: <https://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools>

Using the PE and Sports Premium Funding, it is expected that schools will see an improvement against the following 5 key indicators:

**Key Indicator 1: the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school**

**Key Indicator 2: the profile of PE and sport is raised across the school as a tool for whole-school improvement**

**Key Indicator 3: increased confidence, knowledge and skills of all staff in teaching PE and sport**

**Key Indicator 4: broader experience of a range of sports and activities offered to all pupils**

**Key Indicator 5: increased participation in competitive sport**

Rainow Primary School received a total grant of £17,604.00 for the academic year 2022/2023. We did not carry over any additional funds from the academic year of 2021/22 (as stated in last year's impact report found [here](#)). Similar to last year, we have made every effort to strategically spend our funding in a way that benefits all of our children and hits all key indicators.

Total amount carried over from 2021/22	£0
Total amount allocated for 2022/23	£17,604.00
How much (if any) do you intend to carry over from this total fund into 2023/24	£464.27
Total amount expected to be allocated for 2023/24	£18,300.00

## PE at Rainow in a Nutshell



### INTENT

#### PE Curriculum Design

- Acquire and develop useful skills
- Provide a range of experiences
- Develop their physical literacy
- Improve and evaluate their own and others' ability
- Become knowledgeable of the health benefits to exercise
- Working independently and in teams
- Apply safety principles



### IMPLEMENTATION

#### Curriculum Delivery

- 2 hours per week specialist teaching of skills linked to a variety of sports
- 60 active minutes through break times, active lessons and extra-curricular clubs
- Encourage positive experiences in lessons and competitions.
- Coaches employed to offer appropriate CPD for teachers.
- Accurate judgements and assessments are made of the children against our curriculum end points.



#### Behaviour & Attitudes

### IMPACT

#### Personal Development



Healthy active lifestyles	Physical and emotional wellbeing	Self esteem and belief	Teamwork and cooperation	Enjoyment
Knowledge, skills & understanding	Independent learners	Confidence	Commitment & desire to improve	Resilience
Participation and competitiveness	Thinking and decision making	Spiritual, Moral, Social and Cultural	British Values	



## Rainow Vision and Aims

At Rainow Primary School, the focus is on providing high-quality physical education (PE) lessons and promoting physical activity throughout the school day. The school aims to ensure that all pupils have at least 2 hours of physical activity each week, with a goal of adding an extra 60 minutes of daily exercise within school hours. Here are the key features and goals of the PE program at Rainow Primary School:

1. **PE Lessons:** PE lessons are designed to provide children with opportunities to acquire and develop useful skills. The aim is to enable students to remember, repeat, and refine actions, leading to increased control, coordination, and fluency in their movements.
2. **Active Breaks and Lunchtimes:** The school encourages physical activity during break and lunch times. Teachers are provided with 30:30 cards, which they can use to choose activities for students to participate in at different points during the school day. The aim is to make lunchtimes as active as possible by employing coaches to run sports clubs and play leaders to organize activities.
3. **Extra-Curricular Activities:** Rainow Primary School offers a range of extra-curricular activities. Staff members carry out various sports such as Netball, Dance, Cross-country, Basketball, and Football. Additionally, specialist sports coaches provide further clubs. These activities allow children to engage in different sports and develop their skills outside of regular PE lessons.
4. **Teacher CPD and Support:** All members of the teaching staff have completed a PE audit to identify areas of sport they feel confident teaching. Based on the audit, a long-term plan has been developed for the academic year. Teachers deliver specific areas of sport confidently, while a specialist coach delivers the other PE session alongside the teacher. The goal is to enhance teachers' development and enable them to deliver their own sessions with more confidence.
5. **School Games and Competitions:** We aim to provide children with increased opportunities to engage in both inter and intra competitions. Efforts are made to identify children who are least active and encourage their participation. The school aims to foster a competitive spirit and ensure all children can succeed and excel in competitive sport and other physically-demanding activities. All participants of events are identified throughout the year to ensure that we offer fair opportunities and make a conscious effort to include everyone. We have continued to grow our connections between parents, governors and the FRS by sharing our achievements through our school Twitter feed and the fortnightly Rainow Roundup.
6. **Physical Literacy and Personal Development:** Rainow Primary School aims to develop students' physical literacy, which includes attributes such as confidence, determination, resilience, motivation, and physical competence. Students are encouraged to improve and evaluate their own and others' abilities through observations and make clear and simple judgments independently. The goal is to foster independent thinking and self-improvement.
7. **Health and Wellbeing:** The school aims to educate students about the effects and benefits of exercise on the body and promote healthy lifestyle choices. Students learn about the importance of exercise and how it correlates with overall well-being.
8. **Collaboration and Safety:** PE activities provide opportunities for students to work independently and in teams, fostering communication, collaboration, and cooperation within a competitive environment. The school emphasizes the application of safety principles, developing a sense of responsibility toward one's own and others' safety and well-being. Students are encouraged to be aware of their surroundings and practice good spatial awareness.

## Teaching and Learning

At Rainow Primary School, all classes receive 2 PE lessons per week which cover a range of sports and skills amongst the year. Year on year, children work alongside progressive outcomes that develop their skills and ability during their time at Rainow Primary School. We utilise every teacher's sporting expertise to ensure that we have a strategic long-term plan that ensures our children receive the highest quality of physical education. In addition to this, we employ relevant sporting specialists to deliver our identified weaker areas of sport alongside the class teacher.

In Reception, opportunities will be provided for children to be active and to develop their co-ordination, control and movement through moving and handling activities in relation to the Early Learning Goals. The children have 2 PE lessons per week which focus on games, gymnastics, dance and athletics. Within all lessons, children are encouraged to develop their spatial awareness whilst learning multi-skilled games that continue to build their physical literacy.

In KS1, the curriculum focuses on fundamental movement skills to develop agility, balance and co-ordination. Curriculum content includes a broad range of opportunities that involves ball skills, team games and multi-skills within Rugby Tots, Gymnastics, Tennis, Athletics, Cricket and Dance. Within lessons, children are engaged in competitive and cooperative physical activities where they can become increasingly competent and confident in sport.

In KS2, pupils will continue to apply and develop a range of skills and units of work where children can communicate, collaborate and compete with one another. The curriculum content offers a broad range of skills with a variety of sports such as: Football, Basketball, Dance, Gymnastics, Games, Hockey, Netball, Athletics, Orienteering, and Tag Rugby. Within KS2, children develop their swimming ability by learning to use different strokes to ensure they swim competently, confidently and proficiently.

Across KS1 and KS2, we ensure that children receive additional support where necessary. We follow a progression of skills in each sport and use this to identify children and target them with quality first teaching. In order to support children with Special Educational Needs, we ensure that we have high staff ratios that can offer support and scaffold activities appropriately. This supports our aim to encourage maximum participation at all times in a lesson. All teachers use an intended end point for each sport in each year group to inform their own judgement before carrying out their own PE lessons.

## Breakdown of Funds

AREA OF FOCUS	AMOUNT SPENT	IMPACT ON THE CHILDREN	SUSTAINABILITY
<p><b>We are confident that our children at Rainow Primary School develop acquired skills across the PE curriculum which allows them to achieve in this subject. The funding spent positively impacts our children and makes improvements that are sustainable and will benefit pupils joining the school in future years.</b></p> <p><b>(K11) – engagement (K12)– profile of PE (K13) – confidence, knowledge and skills of teaching staff. (K14) – experience in a range of sports. (K15) – participation in competitive sport.</b></p>			
<p><b>Using specialist sports coaches</b>  <u>AT Sports</u> – Y4, Y5 and Y6. <i>Football, basketball, Hockey and Golf.</i></p> <p><u>Sylk Dance Academy</u> – R, Y1, Y2, Y3, Y5 and Y6. <i>Dance.</i></p> <p><u>Goal Coaching</u> – <i>Girls’ Football.</i></p> <p><u>Rugby Tots</u> – R, Y1 and Y2. <i>Rugby and multi-skills.</i></p> <p><u>Just Gymnastics</u> – Y1, Y2, Y3, Y4, Y5 and Y6. <i>Gymnastics.</i></p>	<p><b>£15,319.75</b></p> <p><b>£6360.00</b> <i>spent on hiring coaches during lunch time and providing extracurricular clubs.</i></p> <p><b>£8959.75</b> <i>employing coaches to work alongside teachers in PE lessons.</i></p>	<p>At Rainow Primary School, the commitment to providing opportunities for children to be physically active throughout the school day is evident. The school employs coaches to ensure that children receive the recommended additional 60 minutes of high-quality physical activity during school hours. This proactive approach emphasises the importance of physical activity in children's overall development and well-being. <b>(K11)</b> Lunch times are particularly active due to the hired specialists that we employ in order to enhance a child’s experience and opportunity to be active during their break. Goal Coaching work on a weekly basis to deliver KS2 Girls’ Football club. This connects the team to a range of local competitions that both engages the children in competitive sport, whilst raising the profile of Girls’ football. <b>(K12) (K15)</b> As well as this, we employ AT Sports to provide a range of sports clubs such as: Cross-country, Basketball and Football for KS2 children to take part in on a daily basis. <b>(K14)</b></p> <p>In our PE lessons, teachers are able to work alongside coaches to ensure that children receive the appropriate combination of coaching for skills and pedagogical knowledge. Teachers are able to use the lessons as a chance to observe specialists deliver the application of specific skills. They can also work alongside the coaches to accurately assess the children against the end point for the particular area of sport. <b>(K13)</b></p> <p>The PE Subject Lead has observed all employed coaches to ensure that the key indicators are being hit effectively. Using evidence from these observations, children at Rainow Primary School appear to display enthusiasm towards all PE lessons with specialist sport coaches. They thrive from the challenges and have a positive attitude towards sport as a whole. <b>(K11)</b> The sport specialists employed are also those who continue to carry out after school clubs, therefore have built a good rapport with the children and receive a high participation rate. <b>(K12)</b> AT Sports have incorporated a whole school approach by using the colour House Teams. They are able to host inter school competitions on a half termly basis where the children have the opportunity to participate in competitive sport. This can then be celebrated within assembly, the Rainow Roundup, on Twitter and put on our PE display in our entrance hall. <b>(K12) (K15)</b></p>	<p>The allocation of funding at Rainow Primary School has allowed for the provision of high-quality physical education that promotes a healthy lifestyle among the children. The school is confident that students are receiving excellent opportunities for physical activity, leading to a greater understanding of the importance of being active, which can positively impact their future involvement in sports and physical activities.</p> <p>The positive responses from the children indicate their ongoing love for sport, highlighting the effective well-being practices embedded in the school ethos. This whole school approach ensures that the benefits of physical activity are sustained and extended to new pupils in the upcoming years.</p> <p>The teachers at Rainow Primary School have the opportunity to enhance their existing knowledge and extend the range of opportunities provided to students throughout their teaching careers. They can observe effective and high-quality practice from the specialist coaches, with the goal of eventually leading these activities themselves.</p>

<p><b>Equipment</b></p>	<p><b>£669.98</b></p>	<p>At Rainow Primary School, there is a conscientious effort to ensure that the equipment used for physical education (PE) lessons meets certain criteria:</p> <ol style="list-style-type: none"> <li>1. <b>Good Quality:</b> The school prioritises the use of equipment that is of good quality. This ensures that students can engage in activities safely and effectively, allowing them to develop their skills and abilities with confidence. <b>(K12)</b></li> <li>2. <b>Sufficient Quantity:</b> The school aims to provide an appropriate quantity of equipment to support PE lessons. In situations where it is appropriate, the goal is to have enough equipment for each child, ensuring that they can actively participate in the activities without restrictions. <b>(K11)</b></li> <li>3. <b>Appropriate Support:</b> The equipment used in PE lessons is carefully selected to provide appropriate support for the activities being taught. This includes considering the specific needs and requirements of different sports or physical activities to ensure that the equipment enhances the learning experience. <b>(K14)</b></li> </ol>	<p>Our PE lessons are always suitably resourced and allow children to develop their skills accordingly, ensuring they leave our school having been exposed to a variety of sport.</p> <p>The equipment will support physical activity in the upcoming years and will continue to be used; therefore, always encouraging physical activity amongst our children within the school day.</p>
<p><b>Subscriptions</b></p>	<p><b>£725.00</b></p>	<p>At Rainow Primary School, the school has benefited from the Macclesfield School Sport Partnership (MSSP), which provides children with numerous competitive opportunities throughout the academic year. <b>(K14) (K15)</b></p> <p>Throughout the year, Rainow Primary School has actively participated in more than 12 competitions organised by the MSSP. These competitions not only provide a platform for students to showcase their sporting abilities but also allow them to interact and engage with students from other schools. <b>(K11) (K12) (K15)</b></p> <p>The MSSP organisation also hold termly PE subject leader conferences, where the relevant staff can discuss the recent events and next steps. This provides excellent CPD for the specific staff involved as it allows them to understand the comparison with other schools locally. <b>(K13)</b></p> <p>PE Planning provides staff with extensive lesson plans for a variety of sports. With this planning, we are able to provide a range of sports across a child's journey at Rainow. <b>(K14)</b></p> <p>The planning documents provide teachers with a simple lesson plan that is easy to follow, resulting in building a teacher's confidence and delivery of sport. <b>(K13)</b></p>	<p>By working closely with the MSSP and actively engaging in these competitions, Rainow Primary School provides its students with valuable experiences in teamwork, sportsmanship, and competitive spirit. Our children leave Rainow with an improved resilience and confidence in sport.</p> <p>Our commitment to offering inter-school competitions as part of the <a href="#">Pupil Promise</a> ensures that children leave the school with a sense of achievement and the skills needed to thrive in future sports endeavours</p> <p>By instilling a love for competitive sport and providing opportunities for participation and representation, Rainow Primary School empowers its students to develop a lifelong passion for physical activity, teamwork, and personal growth.</p>

<b>CPD Training</b>	<b>£425.00</b>	The Accelerated Learning Services provided a 1:1 PE action planning session for the PE Subject Leader. Within this consultation, the Rainow PE curriculum was reviewed and an action plan was put in place for the academic year of 2023-24. Scrutiny of our funding also took place to ensure that all key indicators were being appropriately hit through the use of this funding. In result, the Subject Lead is confident in the curriculum design and has developed their professional development in leading the subject. (K13)	The knowledge of our staff is always increasing; thus providing quality education for our existing children. The investment into our planning resources has equipped the school with a bank of lesson plans to use. This will inform any new staff members who can then continue to ensure the curriculum is both progressive and sequential.
<b>Total amount spent:</b>	<b>£17,139.73</b>		

### Swimming

The current year 6 cohort received swimming lessons from September 2019 – March 2020 as Year 3 pupils. These children did not receive a full year’s worth of sessions due to the COVID-19 pandemic; therefore, impacted our results. Upon leaving Year 3, 38% of children met the national requirements in the following areas:

- swim competently, confidently and proficiently over a distance of at least 25 metres.
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke].
- perform safe self-rescue in different water-based situations.

*Through communication with parents and emphasised efforts to ensure our current Year 6 children achieve the national curriculum expectations, we now have 83% of our children who have met the expected standard in all 3 areas. The remaining 17% of children were highlighted as working towards the Beginner Level in 2020. As of Friday 30<sup>th</sup> June 2023, the whole school received a Water Safety assembly in their key stages from Bollington Health and Leisure.*